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Memo No.- 131 (21)/WBJA/ P-53/2022-23

Dated Rajarhat, the 20<sup>th</sup> of May, 2022

From: Sanjib Daruka  
Director-in-Charge,  
West Bengal Judicial Academy  
Rajarhat, New Town, Kolkata- 700160

To The District Judge,  
South24Pgs. /North 24 Pgs./Howrah/ Hooghly/ Purulia/Nadia/ Purba Medinipur/Paschim  
Medinipur/ Purba Bardhaman/Paschim Bardhaman/Purba Bardhaman/  
Murshidabad/Darjeeling/Kalimpong/Bankura/Jalpaiguri/Malda/Coochbehar/Uttar Dinajpur

**Sub.- Online Refresher Training Programme on ‘Stress Management’ for the Judicial  
Officers of all ranks**

Sir/Madam,

The above online Refresher Course is scheduled to be held **on 03.06.2022 from 03.30 pm to 05.00 pm** in view of the approval of the Hon’ble High Court, Calcutta.

Your good self is requested to direct the concerned Judicial Officers to follow the below mentioned guidelines:

- To positively download “**Microsoft Teams**” application in his or her device (Smart phone/Laptop).
- A link to the programme will be sent **about 15 minutes prior** to the scheduled time for each training schedule via email to the participants.
- While joining the “Microsoft Teams”, the participant Judicial Officers **must type their individual name first** and then get into the online training programme.
- The interested officers may put their question(s) in order by opting the “**raising hand**” option in the “Microsoft Teams” application.
- Every participating Judicial Officer must keep his or her video in the “**on**” mode and the microphone in the “**off**” mode while joining the programme.
- The online training programme is proposed exclusively for the Judicial Officers of the West Bengal Judicial Service and no outsider be allowed to participate in the programme, nor the programme link/ID may be shared with any outsider or in any social media platform;
- The concerned Judicial Officers in your Judgeship are to participate/attend in the said Online Training in befitting formal attire.

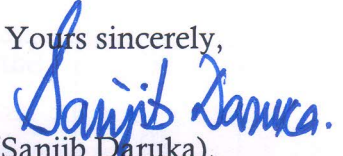
Your goodself is requested to inform the Judicial Officers to ensure the glitch free internet connectivity with the assistance of the System Officers of the district, before commencement of the training, as the attendance of the participants in the programme will be on record for perusal of the Hon’ble Court.

The online participation of such Judicial Officers shall be treated as ‘On duty’ during Office hours. Your goodself is requested to make necessary arrangement for such attendance, as per direction of the Hon’ble Court.

Further, I am directed to inform the Trainee Officers to attend the training programme, maintaining the standard pandemic protocol. The Officers who are on duty in the Court, will attend the training from the Court and others will attend conveniently.

The Ld. District Judges are requested to inform the concerned Judicial Officers accordingly.

Enclo.- List of Officers

Yours sincerely,  
  
(Sanjib Daruka),  
Director-in-Charge, WBJA

**Refresher Training Programme on Stress Management for the Judicial Officers of all ranks [P-53-2022-23] to be held on 03.06.2022**

<b>Sl. No.</b>	<b>Name of Officer</b>	<b>Place of Posting</b>
1	Manoj Kumar Rai	ADJ, 1st Court, Serampore, Hooghly
2	Prashant Chowdhary	ADJ, 9th Court, Alipore, South 24 Pgs.
3	Arup Kumar Das	ADJ, FTC-4, Barrackpore, North 24-Parganas
4	Debdeep Manna	ADJ, FTC-2, Berhampore, Murshidabad,
5	Arindam Dutta	ACJM, Lalbagh, Murshidabad
6	Atanu Mondal	ACJM, Siliguri, Darjeeling
7	Uday Rana	Civil Judge (Senior Division), Raiganj, Uttar Dinajpur
8	Swarup Kumar Chakraborty	Civil Judge(Senior Division), Siliguri, Darjeeling
9	Swati Maulik	Judicial Magistrate, 4th Court, Barrackpore, North 24-Parganas
10	Yesmin Ara Khatun	Judicial Magistrate, 3rd Court, Sadar, Howrah
11	Yozna Lama	Judicial Magistrate, Nabadwip, Nadia
12	Sweety Yadav	Judicial Magistrate, 2nd Court, Raigunj, Uttar Dinajpur
13	Zeba Parveen	Judicial Magistrate, 7th Court, Sadar, Howrah
14	Shalini Tulsan	Judicial Magistrate, 1st Court, Alipurduar, Jalpaiguri
15	Pooja Sinha	Judicial Magistrate, 2nd Court, Krishnagore, Nadia
16	Sayantani De Tarafder	Judicial Magistrate, 6th Court, Sadar, Purba Bardhaman
17	Arindam Banerjee	Civil Judge (Junior Division), Addl. Court-cum-Judicial Magistrate, Raigunj, Uttar Dinajpur
18	Sejuti Bhattacharjee	Judicial Magistrate, 3rd Court, Sadar, Purba Bardhaman
19	Bristi Bardhan	Judicial Magistrate, 4th Court, Chinsurah, Hooghly
20	Sourav Guria	Judicial Magistrate, 4th Court, Sadar, Bankura
21	Nidhi Shree	Civil Judge (Junior Division), Addl. Court, Sadar, Coochbehar
22	Paulami Pandit	Judicial Magistrate, 5th Court, Krishnagore, Nadia
23	Shri Masud Alam	Judicial Magistrate, 2nd Court, Sadar, Paschim Medinipur
24	Smt. Nilanjana Saha	Civil Judge (Junior Division), on probation Krishnanagar, Nadia
25	Shri Shailja Shanker Mishra	Judicial Magistrate, 4th Court, Katwa, Purba Bardhaman
26	Shri Ushnish Datta	Civil Judge (Junior Division), Ghatal, Paschim Medinipur
27	Pratibha Laxmi	Civil Judge (Junior Division), 2nd Court, Khatra, Bankura
28	Rajib Sarkar	Civil Judge (Junior Division), Nabadwip, Nadia
29	Tashi Phuntsok	Judicial Magistrate, 2nd Court Islampur, Uttar Dinajpur
30	Stotri Saha	Judicial Magistrate, 3rd Court, Jangipur, Murshidabad
31	Soumyajit Bhattacharjee	Civil Judge (Jr. Divn.)-cum Judicial Magistrate, Sadar, Kalimpong
32	Somnath Kundu	Judicial Magistrate, 1st Court, Jangipur, Murshidabad
33	Sneha Basu	Civil Judge (Junior Division), 1st Court, Sadar, Malda
34	Sk. Alfaz Firdous	Civil Judge (Junior Division), Bongaon, North 24-Parganas
35	Siddhartha Sankar Roy Chowdhury	Civil Judge (Junior Division), 2nd Court, Ranaghat, Nadia
36	Shriya Das	Civil Judge (Junior Division), 3rd Court, Tamluk, Purba Medinipur
37	Shreyas Mukherjee	Civil Judge (Junior Division), 1st Court, Serampore, Hooghly
38	Shahin Parveen	Civil Judge (Junior Division), Addl. Court, Berhampore, Murshidabad
39	Sarmistha Bose (Dutta Roy)	Civil Judge (Junior Division), 1 <sup>st</sup> Court, Asansol, Paschim Bardhaman
40	Sarbhanu Ghoshal	Civil Judge (Junior Division)-cum- JM, Mungpoo, Darjeeling