

**Office of the Director,
West Bengal Judicial Academy,
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Memo No.-1121(19)/WBJA/P-209/2021-22

Dated Rajarhat, the 11th of March, 2022

From: Sanjib Daruka
Additional Director,
West Bengal Judicial Academy
Rajarhat, New Town, Kolkata- 700 160

To 1. The District Judge,
South 24 Pgs./North 24 Pgs./ Howrah/Hooghly /Purba Bardhaman/Paschim
Bardhaman/ Paschim Medinipur/Purba Medinipur /Birbhum/Bankura/Purulia
/Murshidabad/ Darjeeling/Jalpaiguri/Coochbehar/Uttar Dinajpur/Dakshin Dinajpur/
Malda
2. The Chief Judge, City Sessions Court, Calcutta

Sub.- Online Refresher Course on “Stress Management” for the Judicial Officers of all ranks

Sir/Madam,

The above online Training Programme is scheduled to be held on 16.03.2022 from 03.30 pm to 05.00 p.m, in view of the approval of the Hon'ble High Court, Calcutta.

Your good self is requested to direct the concerned Judicial Officers to follow the below mentioned guidelines:

- To positively download “Microsoft Teams” application in his or her device (Smart phone/Laptop).
- A link to the programme will be sent **about 15 minutes prior** to the scheduled time for each training schedule via email to the participants.
- While joining the “Microsoft Teams”, the participant Judicial Officers **must type their individual name first** and then get into the online training programme.
- The interested officers may put their question(s) in order by opting the “**raising hand**” option in the “Microsoft Teams” application.
- Every participating Judicial Officer must keep his or her video in the “**on**” mode and the microphone in the “**off**” mode while joining the programme.
- The online training programme is proposed exclusively for the Judicial Officers of the West Bengal Judicial Service and no outsider be allowed to participate in the programme, nor the programme link/ID may be shared with any outsider or in any social media platform;
- The concerned Judicial Officers in your Judgeship are to participate/attend in the said Online Training in befitting formal attire.

Your goodself is requested to inform the Judicial Officers to ensure the glitch free internet connectivity with the assistance of the System Officers of the district, before commencement of the training, as the attendance of the participants in the programme will be on record for perusal of the Hon'ble Court.

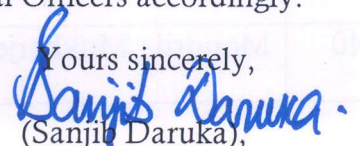
Any application for exemption from participation has to be addressed to the Ld. Registrar (Protocol) routed through Ld. District Judge and be emailed to the Office of the Ld. Registrar (Protocol).

The online participation of such Judicial Officers shall be treated as ‘On duty’ during Office hours. Your goodself is requested to make necessary arrangement for such attendance, as per direction of the Hon'ble Court.

Further, I am directed to inform the Trainee Officers to attend the training programme, maintaining the standard pandemic protocol. The Officers who are on duty in the Court, will attend the training from the Court and the Officers who are not on duty roster will attend conveniently.

The Ld. District Judges are requested to inform the concerned Judicial Officers accordingly.

Enclo.- List of Officers

Yours sincerely,

(Sanjib Daruka),

Additional Director, W.B.J.A

Refresher Course on “Stress Management” for the Judicial Officers of all ranks [P-209-21-22] to be held on 16.03.2022

Sl. No.	Name of Officers	Place of Posting
1	Bhawani Shankar Sharma	Addl. District Judge, 3rd Court, Barasat, North 24 Parganas
2	Asima Pal	Addl. District Judge, 5 th Court, Malda
3	Lokesh Pathak	Addl. District Judge, 2 nd Court, Tamluk, Purba Medinipur
4	Varsha Bansal Agarwal	Addl. District Judge, 3rd Court, Chinsurah, Hooghly
5	Salim Ahmed Ansari	Addl. District Judge, FTC-1, Lalbagh, Murshidabad
6	Dipanjan Sen	Addl. District Judge, FTC-1, Howrah
7	Sudeep Banerjee	Addl. District Judge, FTC-2, Chinsurah, Hooghly
8	Basant Sharma	Addl. District Judge, FTC-1, Raiganj, Uttar Dinajpur,
9	Sangita Mukherjee	Addl. District Judge, FTC, Chandannagar, Hooghly
10	Kumkum Chattopadhyay	Addl. District Judge, FTC-1, Islampur, Uttar Dinajpur,
11	Arup Roy	ADJ, 3 rd Court, Barrackpore, North 24 Pgs.
12	Tanima Das	ACJM, Raghunathpur, Purulia
13	Rinjee Doma Lama	CJ(SD), 7th Court, Alipore, South 24 Pgs.
14	Sushmita Gayen Mukherjee	ACJM, 2nd Court, Alipurduar, Jalpaiguri
15	Sujoy Bal	CJ(SD), 1st Court, Tamluk, Purba Medinipur,
16	Sudip Bhattacharya	CJ(SD), 2nd Court, Berhampore, Murshidabad
17	Shyama Prasad Chattopadhyay	CJ(SD), Kandi, Murshidabad
18	Shib Shankar Ghosh	CJ(SD), Cooch Behar
19	Esharul Haque	Civil Judge (JD)-cum-JM, Mirik, Darjeeling
20	Ishita Acharya	Civil Judge (Junior Division), 2nd Court, Sadar, Purba Bardhaman
21	Santosh Kumar Sharma	CJ (JD), 6th Court, Alipore, South 24-Parganas
22	Saurav Dey	Civil Judge (Junior Division), 1st Court, Jangipur, Murshidabad
23	Shahid Parvez	Civil Judge (Junior Division), Buniadpur, Dakshin Dinajpur
24	Shabana Parveen	CJ (JD), Suri, Birbhum
25	Rupkatha Bhattacharyya	Judicial Magistrate, 3rd Court, Chinsurah, Hooghly
26	Akash Bose	Civil Judge (Junior Division), Alipurduar, Jalpaiguri
27	Srishti Parasrampur	Civil Judge (Junior Division), Bishnupur, Bankura
28	Anwasha Das	Civil Judge (JD), 2nd Court, Berhampore, Murshidabad
29	Uttam Das	Judicial Magistrate, 2nd Court, Diamond Harbour, South 24-Parganas
30	Yasmeen Begum	Judicial Magistrate, 2nd Court, Durgapur, Paschim Bardhaman
31	Triasha Banerjee	Civil Judge (Junior Division), 4th Court, Sadar, Purba Bardhaman
32	Suranjan Chakraborty	Civil Judge (Junior Division), 2 nd Court, Diamond Harbour, South 24 Pgs.
33	Souvik Ghosh	Metropolitan Magistrate, 3rd Court, Calcutta
34	Siddhartha Sardar	Civil Judge (Junior Division), 1st Court, Contai, Purba Medinipur
35	Sanchita Saha	Civil Judge (Junior Division), 2nd Court, Uluberia, Howrah
36	Sanchari Chatterjee	Civil Judge (Junior Division), 1st Court, Barasat, North 24-Parganas
37	Rupama Bannerjee	CJ (JD), 1st Addl. Court, Contai, Purba Medinipur
38	Roshan Alam	Civil Judge (Junior Division), 2nd Court, Sadar, Paschim Medinipur
39	Ritwika Mohanta	Civil Judge (Junior Division), 4th Court, Serampore, Hooghly
40	Mondrila Mukherjee	Civil Judge (Junior Division), Sadar, Purulia